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Sussex Cyclists' Association



Established 1921

Open 2 Up Team Time Trial (28.5 Miles)
for
Road and TT Bikes

Sunday 1st May 2022 start 07:30 am

Course GS/987

Event Secretary: James Stone

31 Oxen Avenue, Shoreham By Sea, West Sussex BN43 5AF

Email: jamesestone48@gmail.com

Tel: 01273 453071 (or 07880 344838 on day of event)

Time Keepers ;

START; Mrs Mandy Buxton (Brighton Excelsior)

FINISH; Mr Mick Irons (Worthing Excelsior)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

HQ

Steining Centre

The Steining Center
Fletchers Croft
Steining
West Sussex
BN44 3XZ

For SAT NAV use BN44 3YL

Open from **06:00** for
Numbers and sign on will be in the Hall



Turn off the A283 into Steining. Proceed to the High Street and turn into Church Street at the Mini RAB in Steining High St. the HQ is on the RHS opposite the Church.

For all riders, Please allow sufficient time to get to the start (approximately 10 Mins)
For later starters please give way to earlier riders already completing their first lap.
Any additional hazards will be listed at the signing on point, all riders please take note.
The finish is approximately 3 miles from the HQ.

Route to start:

From HQ Turn Left into Church Street then turn right into the High St at the mini RAB. Follow road to T junction with A283. Turn left and then immediately take the next Right. Start is at top of hill. Distance is 2 Miles from HQ

PLEASE NOTE THE FOLLOWING CTT REGULATIONS AND RECOMMENDATIONS

Front and Rear Lights Now Compulsory; In the interests of rider safety fully functioning front and rear lights are required in order to start the event. We will check at the start line so please ensure you have them. London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

Helmets; CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Parental Consent Forms for Under 18's; all competitors under age 18 must download, complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your helmet. No helmet, no parental consent, no ride.

Warming up; Competitors are requested not to warm up on the course after the first rider has started

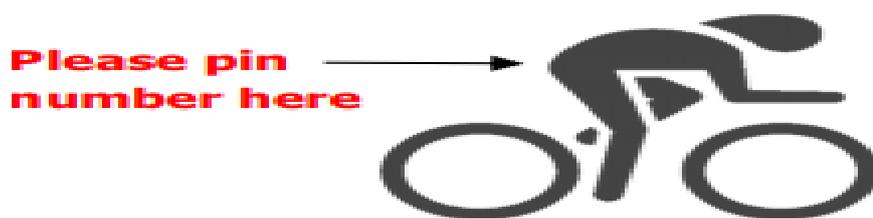
Competitors' Vehicles; No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish

Official Observers; Official observers will be stationed around the course

Sign on/Sign off; Regulations require you to **SIGN ON AND OFF**. Please return your number and sign off at the same time. Riders not doing so will be recorded as a DNF.

Results; No times will be given out at the finish. Please go to <https://resultsheet.co.uk> for results or use the QR code (to be provided)

Race Numbers; The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.



Return to Hall; note details on course info below. Return to the hall being mindful of other competitors who may not have finished and ride in single file so cars can pass easily.

No Shoes in Hall; please remove them before entering for results/tea/chat

COVID 19 HQ Restrictions; restrictions have lifted but please be respectful of each other's personal space and possible vulnerabilities.

- 1) Do not attend if you/your family members feel ill.
- 2) No more than 5 riders, 2m apart, to wait at the start.

3) there will not be any pushers off at the Start.

Please read the extra on the day safety information that will be located at the sign on desk.

Please exercise extra care when negotiating all junctions and roundabouts.

For Results go to <https://resultsheet.co.uk>

Have a safe and successful ride.

Awards

To be presented after the event at approximately 9:30 in the Hall.

If your unable to attend do give me your details so I can arrange to get your prizes to you.

position	category	Prize (each)
1	TT bike on scratch	£20
2	TT bike on scratch	£15
3	TT bike on scratch	£15
1	Road Bike on scratch	£20
	Female team	£20
	Junior Team (one rider a junior)	£20
	Matching Pair Award (any Bike) with Closest matching outfits	Prize

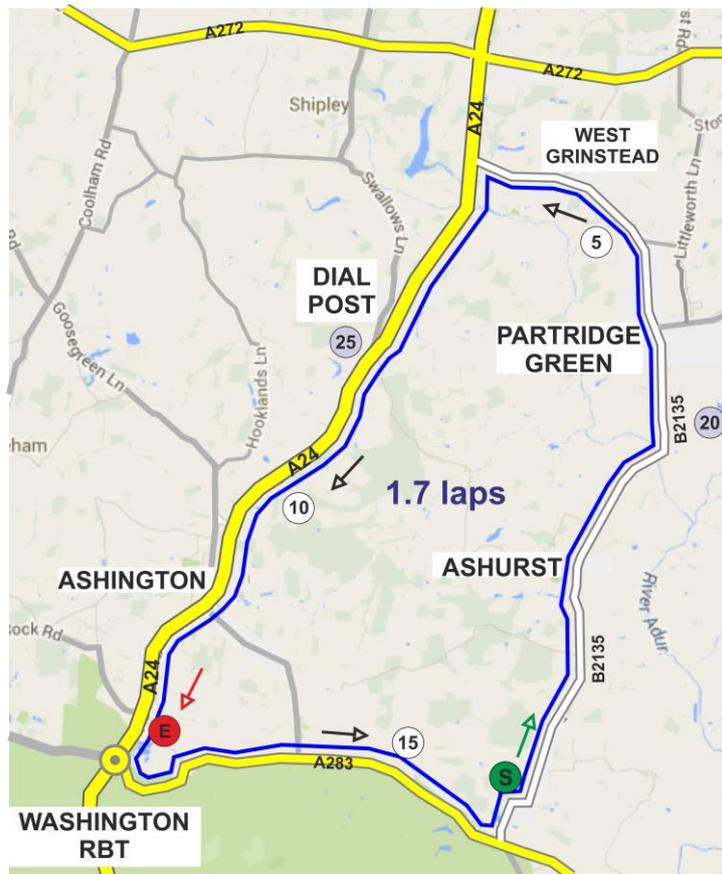
NOTE; Rules on 2 Up have changed making only pairs from the same club eligible to win the event even if they are not the fastest pair on the day.

The event is supported by Dave Hayward Digital photography

Please visit his site at www.davehaywardphotos.com to view and purchase after the event.



Course GS/987



OS REF (TQ)	COURSE DIRECTIONS – GS/987	MILES	
172130	START on B2135 near Steyning at first arrow sign just south of entrance to Wappingthorn Manor	0.00	0.00
165214	Proceed northwards on B2135 via Ashurst and Partridge Green to T junction with A24 at West Grinstead	6.68	6.68
120134	LEFT and follow A24 south to Washington RBT (roundabout) (CHECK)	5.88	12.56
172130	LEFT 1 st exit and follow A283 to junction with B2135. LEFT on B2135 to complete circuit at start by entrance to Wappingthorn Manor	3.88	16.44
165214	Continue northwards as before to T junction with A24 at West Grinstead	6.68	23.12
124141	LEFT and follow A24 south to FINISH at Bus Stop sign in deceleration lane 80 yards north of junction with The Hollow (was Rock crossroads)	5.34	24.86

Course Record

59:49 Steve Kane & Steve Dennis 2014

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After 16 Miles - Note the give way markings on the junction of the A283 and the B2135.

The finish is half a mile before the Washington roundabout at the bus stop sign (not the bus shelter) at the slip road to the Hollow.

After the finish please filter left into the Hollow and use this small road to return to the HQ, turning left at the far end onto the A283 and retrace back to the Steyning Center HQ.

If you do return to the HQ via the Washington roundabout please ensure that you do not obstruct those riders still racing.

number	start_time	firstname	last name	club	gender	category	age	Bike Type
1		Rory	Knapp	Brighton Mitre CC	Male	Senior	35	RB
2	7:32:00	Chris	Gallagher	Brighton Mitre CC	Male	Senior	36	RB
3		Tom	Houghton	Team TMC	Male	Veteran	50	RB
4	7:34:00	Lucas	Houghton	Team TMC	Male	Junior	16	RB
5		George	Harvey	Brighton Excelsior CC	Male	Juvenile	15	RB
6	7:36:00	Alex	Harvey	Brighton Excelsior CC	Male	Junior	18	RB
7		Jack	Samways	Watford Velo Sport	Male	Senior	31	RB
8	7:38:00	Austen	Lowe	Watford Velo Sport	Male	Senior	28	RB
9		Peter	Owen	Norwood Paragon CC	Male	Veteran	61	TT
10	07:40:00	Stephen	Roach	Norwood Paragon CC	Male	Veteran	50	TT
11		Rick	Hughes	Worthing Excelsior CC	Male	Veteran	59	TT
12	07:42:00	Karl	Roberton	Worthing Excelsior CC	Male	Veteran	47	TT
13		Paul	Winkley	VC Merlin	Male	Veteran	65	TT
14	07:44:00	Julian	Scutter	East Grinstead CC	Male	Veteran	64	TT
15		Tracey	Williams	Brighton Mitre CC	Female	Veteran	53	TT
16	07:46:00	Katerina	Avramides	Brighton Mitre CC	Female	Veteran	41	TT
17		Garfield	Hall	Woolwich CC	Male	Veteran	62	TT
18	07:48:00	Ben	Richardson	Team Milton Keynes	Male	Senior	30	TT
19		Colin	Toppin	Worthing Excelsior CC	Male	Veteran	49	TT
20	07:50:00	Ian	Cheesman	Worthing Excelsior CC	Male	Veteran	53	TT
21		Simon	McNamara	HuntBikeWheels.com	Male	Veteran	47	TT
22	07:52:00	Christopher	McNamara	Nuun-Sigma Sport-London RT	Male	Veteran	47	TT

For results go to :-

<https://resultsheet.app/rsd/1650873595087x912228152074043400>



